

THERE'S A HOLE IN MY SIDEWALK:
THE ROMANCE OF SELF-DISCOVERY

ALSO KNOWN AS:
AUTOBIOGRAPHY IN FIVE SHORT CHAPTERS
A mainstay of Twelve Step programs

Chapter I

I walk down the street.

There is a deep hole in the sidewalk

I fall in. I am lost.... I am helpless.

It isn't my fault.

It takes me forever to find a way out.

Chapter II

I walk down the same street.

There is a deep hole in the sidewalk.

I pretend I don't see it. I fall in again.

I can't believe I am in the same place.

But it isn't my fault.

It still takes a long time to get out.

Chapter III

I walk down the same street.

There is a deep hole in the sidewalk.

I see it is there.

I still fall in... it's a habit...

My eyes are open.

I know where I am.

It is my fault.

I get out immediately.

Chapter IV

I walk down the same street.

There is a deep hole in the sidewalk.

I walk around it.

Chapter V

I walk down a different street.

By Portia Nelson: Author, Singer, Songwriter and Poet
Not anonymous, as many think.